

# Care Management

# SUPPORT FOR AGING WELL

#### **EVALUATION & ASSESSMENT**



### **SERVICE COORDINATION**



#### **ONGOING MONITORING**



Aging care management is at the heart of Lifespan's services. Our professional care managers are nurses or social workers with specialized training and experience in aging issues. They provide baseline assessments, identify the strengths and needs of clients, and recommend care options and community resources to support individuals wishing to remain safely at home. Ongoing visits serve to monitor for safety and changes in condition. Families living out of town and those with significant time constraints find local care management and consultation invaluable.

## **Care Managment Provides:**

- Personalized service
- Safety assessments/fall prevention
- Health care coordination
- Aging education
- Extensive knowledge of local resources
- Medication management

- Management of chronic illnesses or emotional distress
- Crisis prevention
- Interventions to prevent caregiver burnout
- Social support
- Transition support between residential settings

















## **Who Can Benefit:**

- Elders needing support and assistance to remain independent in the home
- Persons diagnosed with dementia and/or are experiencing safety and self-care problems
- Older adults with chronic illness or mental health issues
- Concerned friends or family members seeking information about care options and residential alternatives for their elders
- Family caregivers needing relief or quidance in taking care of their loved one
- Families living out of town and those with significant time constraints
- An older adult whose life would be enhanced by regular visits for socialization, home-cooked meals or medication reminders