

# SUPPORT TO AGE IN PLACE



### **Daily Care**

Lifespan home care aides assist with personal care, meal preparation, mobility support, errands, and light housekeeping. They may provide medication reminders and safety supervision as necessary. Care shifts are available in increments of 3 to 12 hours, including overnight care. We make every effort to tailor the care schedule and routine to your loved ones needs. Our professional nurses and social workers visit each client prior to initiating services and remain involved for supervision and addressing concerns.

### **Typical Daily Care Services**

- Bathing
- Dressing
- Toileting & Continence Care
- Ambulation & Transfers
- Medication reminders
- Dementia Support & Supervision
- Hospice Care Support
- Shopping/Errands
- Meal Preparation & Clean-up
- Light Housekeeping
- Laundry

## Specialty Care

Dementia Support: We offer calm, confident, and compassionate care for individuals with dementia-related conditions. Our home care aides are trained in communicating with and providing assistance to people with all levels of cognitive decline. Particular attention is paid when matching home care aides to person with dementia to allow for the highest level of client comfort. **Hospice Support:** We coordinate with local hospice organizations to provide enhanced support to families caring for loved ones at the end of life. All home care aides who tend to hospice patients receive specialized training for this sensitive care. Adding Lifespan to your care team relieves families of some day-to-day caregiving so they may focus on other important tasks and spend quality time with their loved one.



**Care for Veterans:** Lifespan is proud to partner with Veterans Administration(VA) to provide services to qualifying veterans in need of assistance.

#### For Everyone's Safety

All staff are trained in universal precautions and safety measures specific to preventing the spread of COVID-19. All employees meet State of California fingerprinting and training requirements and are bonded and insured.