

Well-Being

— PROGRAM —

ENHANCING LIFE, FINDING JOY



INTELLECTUAL



EMOTIONAL



SPIRITUAL



PHYSICAL

The Well-Being program encourages activities that enhance emotional, physical, intellectual and spiritual quality of life. A Lifespan Care Manager meets with the client to complete an assessment which identifies areas in which we may improve the person's sense of well-being. A unique, client-specific care plan is then created and the care manager matches the client with an Activity Coordinator, who will support the client in engaging in the identified activities.

Benefits of the Well-Being Program

- Increased engagement in activities in a person's home or out in the community
- Reduction of depression and/or social isolation by re-establishing or creating new social connections
- Accompaniment to activities of their choice by a qualified and trained Well-Being Activity Coordinators
- Enhanced feeling of independence through encouragement and reassurance
- Documentation for families and/or facilities via email, monthly notes, or telephone updates

Well-Being Services

Well-Being Assessment	\$180	Medical Escorting	\$60/hr
Activity Sessions	\$55/hr	Expense Management	\$50/month
Mileage Reimbursement	\$0.95/mile		